STARR HEALING





Last Name	First Name	 Month	Day	Year
 Phone #	Email Address	(Office Use)		

Please read the following carefully.

All patients desiring acupuncture and herbal medicine are urged to consult with their family physician or specialist before treatment. You may choose not to do so at your own discretion.

We like to obtain information about your general condition to help us determine a suitable form of treatment for you in accord with the theory of Traditional Chinese Medicine, but medical diagnosis can only be made by your physician according to the laws governing medical practice in British Columbia.

Your appointment time is reserved for you. If you cannot keep your appointment, we require 48 hours notice so that we can fill your spot.

Acupuncture is generally a very safe procedure; however there are a few possible risks that you should be aware of before you agree to have treatment.

- Mild bruising or pain may be experienced at one or two needle sites.
- You may experience some dizziness, sleepiness, euphoric feelings after acupuncture. This is due to
 endorphin and neurohormones secreted by the brain. This will pass within a couple of hours but it is
 advisable to leave your schedule open for relaxation after your treatment.
- Occasionally a patient may feel faint or queasy during treatment. This is usually due to nerves in first time
 treatments and generally doesn't reoccur with subsequent treatment once you know what to expect. It is
 advisable to have some food in the last hour or so before your first treatment to avoid beginning your first
 treatment with low blood sugar.
- Aggravation of symptoms may occur temporarily and this is part of the natural healing process.
- The use of sterilized disposable needles at this clinic eliminates the risk of hepatitis B, hepatitis C, and HIV transmission.
- Although extremely rare, serious problems have been reported throughout the history of acupuncture.
 The practitioners at Starr Healing follow the strict licensing restrictions of the province of BC, which greatly reduce any such risks.
- Cases of joint infection, nerve damage, pneumothorax (collapse of lung), and needle breakage have
 occasionally been reported. These accidents are usually due to insufficient training, and happened before
 the regulation of acupuncture in BC.
- If you have any questions or concerns, please feel free to talk to us about them. Your comfort and safety are our primary concern.
- On the whole, acupuncture is very safe and effective. Generally, the most disappointment a patient ever experiences is when acupuncture did not treat their particular condition as much as had been hoped.

• Herbal medicine has no side effects. If you are noticing any new discomfort after taking your herbs, please tell your practitioner right away. There is still a small possibility of allergies or incorrect use of a herb in your formula or other, unforeseen interactions.

Patient Information

We respect your privacy and any inf	ormation you provide is always kept confidential.
	Birth date
	Primary Physician's Name
	Primary Physician's Diagnosis
	What medications are you currently taking?
	Do you have allergies? Provide details.
	Occupation
	Emergency Contact Person's Name
	Emergency Contact Person's Telephone #
	How often do you drink alcohol?
	How did you find out about us?
Primary medical complaint and aggr	avating / relieving factors
I have read and understand the info	rmation herein and hereby give consent to Kendra Starr, DrTCM
and/or Dustin Eagleston, R.TCM.P	and/or Elise Arnaudin to give treatment to me.
x	
Signature	
Starr Healing 601 Lake Street Nelson	n, British Columbia V1L 4C7 info@starrhealing.com (250) 352 9890